



NO SUGAR*
ADDED

*Not a low calorie food. See nutrition facts for sugar and calorie content.



VEGAN



GLUTEN-FREE



NON-GMO



PALEO



GRAIN-FREE



CERTIFIED



KOSHER

Start your day the NUCO way! Crafted from certified organic ingredients, our cereal is free from grains and gluten, making it the perfect choice to kickstart your day. Enjoy the satisfying crunch and natural sweetness of coconut in every bite. It's the guilt-free pleasure you can feel good about every morning!

Nutrition Facts

about 7 servings per container
Serving size 30g

Amount per serving
Calories 160

% Daily Value*

| | |
|-------------------------------|------------|
| Total Fat 10g | 12% |
| Saturated Fat 9g | 45% |
| Unsaturated Fat 1g | |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 20mg | ** |
| Total Carbohydrate 16g | 6% |
| Dietary Fiber 5g | 17% |
| Total Sugars 6g | |
| Includes 0g Added Sugars | 0% |
| Protein 2g | 3% |
| Vitamin D 0mcg | 0% |
| Calcium 54mg | 4% |
| Iron 1mg | 4% |
| Potassium 449mg | 10% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Contains less than 2 percent of the Daily Value of this nutrient.

INGREDIENTS:

**Organic Coconut Water,
Organic Coconut Meat, Organic Palm
Starch, Organic Cinnamon Powder**

Contains Tree Nuts (Coconut)

**DISTRIBUTED BY
HEALTHSOURCE INTERNATIONAL, INC.
CHINO HILLS, CA 91709**

**CERTIFIED ORGANIC BY CERES
PRODUCT OF THE PHILIPPINES
PHIL. PATENT NO. 1-2014-000123**



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GRAIN-FREE CEREAL

WAYS TO ENJOY

- ✓ On its own with your favorite milk
- ✓ As a topping to yogurt or chia pudding with berries
- ✓ On your smoothie as a topping
- ✓ As a snack right out of the pouch

WHAT'S GOOD ABOUT CINNAMON COCONUT CRUNCH

- ✓ No Added Sugar *Not a low calorie food. See nutrition facts for sugar and calorie content.
- ✓ No Artificial Sweeteners
- ✓ MCTs from Coconut
- ✓ 5g Fiber Per Serving *See nutrition facts for saturated fat and fat content
- ✓ 11 Net Carbs Per Serving
- ✓ Grain & Gluten Free

ONLY 4 INGREDIENTS

- ✓ Organic Coconut Water
- ✓ Organic Coconut Meat
- ✓ Organic Palm Starch
- ✓ Organic Cinnamon Powder

**LEARN MORE
NUCOCONUT.COM**

